

# GO-TO RESOURCES FOR NEW THERAPISTS

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## Client Support (Resources, Therapy Guides)

211: A good number to call for any resources in your area

TherapistAid.com for therapy worksheets

OklahomaTFCBT.org for TFCBT resources

Suicide Prevention Resource Center (sprc.org)

International OCD Foundation (iocdf.org)

National Child Traumatic Stress Network (nctsn.org)

National Alliance on Mental Illness (NAMI.org)

## Trainings & Info for Clinicians

Light Up the Couch Podcast by Clearly Clinical

Counselor Toolbox Podcast with DocSnipes (or YouTube)

The Private Practice Pro Podcast (or YouTube)

Maelisa McCaffrey's YouTube Channel for QA help

AS ALWAYS, CHECK OUT  
EAGERSOCIALWORKER.COM  
FOR MORE RESOURCES!